AVO-TOASTS

8 am - 3 pm daily

Tomato- Jalapeño Avo-Toast 13.99

Toasted multigrain bread with mashed avocado and topped with grape tomatoes and jalapeno slices

Nova Avo-Toast 18.99

Toasted multigrain bread with mashed avocado and topped with smoked salmon, capers, red onion, and lemon garnish

Avo-Toast Caprese 14.99

Toasted multigrain bread with mashed avocado and topped with tomato and mozzarella

Egg Avo-Toast 15.99

Toasted multigrain bread with mashed avocado and topped with two sunny side up eggs

Egg Hummus-Toast 15.99

Toasted multigrain bread with mashed chickpea spread with pepper flakes and topped with two sunny side up eggs

BENNYS

8 am - 3 pm daily Served with homefries

Florentine Benedict 14.99

Two poached eggs over spinach and an English muffin and topped with Hollandaise sauce

Nova Scotia Benedict 18.99

Two poached eggs over Nova Scotia smoked salmon and an English muffin and topped with Hollandaise sauce

California Benedict 16.99

Two poached eggs over mashed avocado and an English muffin and topped with Hollandaise sauce

Irish Benedict 17.49

Two poached eggs over homemade corned beef hash and an English muffin and Hollandaise sauce

Eggs Benedict 15.99

Two poached eggs over Canadian bacon and an English muffin and topped with Hollandaise sauce